



On Your Bike

cardiff cycling campaign news

Cardiff Cycling Campaign Annual Meeting 2009

Members attending the Campaign's Annual General Meeting in November 2009 at the Welsh Institute of Sport, heard Delme Bowen, Cardiff Executive Council member, present on Cardiff Council's cycling infrastructure and policies. Discussion followed with Councillor Bowen and Matt Price, Land Use Transport Planner.

The AGM followed, where Campaign objectives were discussed, including the Topica email group, cardiff.cycling@topica.com. This is a moderated group, where we encourage members to take part in campaign-

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Campaign presses for cycling access in pedestrianised areas **CTC say ' little actual conflict'**

Future access for cyclists within the pedestrianised areas of Cardiff city centre is in the balance following Cardiff Council's decision last year not to allow cycling at any time in Queen Street,

and their request to us to come to an accommodation with representatives of Disability Organisations. We asked CTC what guidance covers cyclists' access to pedestrianised
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related discussions and find out about Campaign activities. Attenders discussed the Campaign website, which is intended to be an effective information and publicity resource. The Campaign has looked at functionality and will work with a website designer to revamp the website

Cycling budget priorities

Members gave their views on budget priorities for cycling in Cardiff. These were submitted to Matt Price of Cardiff Council. A summary is available from Campaign officers.

The following members accepted Campaign positions:

Chairperson

Iona Gordon

Secretary

Ken Barker

Treasurer

Richard Evans

Membership

Secretary

Richard Nelmes

Vice Chair / Website

Yvan Maurel

The Dept of Transport's publication (Nov 2009) "Analysis & synthesis of evidence on the effects of investment in six Cycling Demonstration Towns" - Aylesbury, Brighton & Hove, Darlington, Derby, Exeter, Lancaster /Morecambe - cited an interim mean increase in cycling levels of 27% relative to a 2005 baseline.

OY Bike Hire Scheme

Started last September, there are 70 bikes at around 10 stations although the locations can be flexible. So far there have been 61 annual subscriptions and around 250 journeys. This is a commercial venture that the council is supporting through a 12-month sponsorship.

Access to Bute Park in Autumn & Winter

The Campaign has written to Cardiff Council to request that the Parks Service locks the gates to Bute Park at 7 pm so that people who walk or cycle to work across the park are able to return home the same way in the dark winter evenings. Currently the Park entrance gates are locked before dusk, which means that cycle commuters face a dangerous road detour. Having better all year access will encourage more people to cycle to work, a part of Cardiff Council's Transport Strategy, in the Health, Social Care & Well Being Strategy, and the 'WHO Healthy City' challenge.

Campaign presses for cycling access in pedestrianised areas *continued from front page*

areas, and whether the Disability Discrimination Act (DDA) is a factor in prohibiting cycling on safety grounds. This is what Campaigns Manager Roger Geffen advised...

There are no recent policy developments. DfT have commissioned research from TRL (Transport Research Laboratory) on shared space, and PACTS (the Parliamentary Advisory Council on Transport Safety) also has an ongoing research project on this topic. Neither has reported yet.

Nationally the Government's position on cycle access to vehicle-restricted areas is set out in section 4.3 of Cycle Infrastructure Design, <http://www.dft.gov.uk/pgr/roads/tpm/ltnotes/ltn208.pdf> - note particularly paras 4.3.4 and 4.3.5.

It also cites the evidence from a 1993 TRL study of cycling in vehicle-restricted areas which shows that there is little actual conflict, and that cyclists tend to dismount when pedestrian activity is high. This is summarised in a DfT Traffic Advisory Leaflet TAL 09/93: <http://www.dft.gov.uk/pgr/roads/tpm/tal/>

Cycling England also produces some useful advice, although this has slightly less 'official' standing (especially in Wales): http://www.dft.gov.uk/cyclingengland/docs/a07vehicle_restricted_areas.pdf

As for the argument that permitting cycling within vehicle-restricted areas might be a breach of DDA, this strikes me as

completely nonsensical. Pedestrians, whether sighted or otherwise, are far more at risk from motor vehicles than from cyclists, even when they are on a pavement. There are about 40 pedestrians killed annually by motor vehicles on pavements or verges (almost one a week), whereas the comparative figure for cycles is that there were three in the whole of the last decade (see http://www.ctc.org.uk/resources/Campaigns/0911_CP_RLJ-pavement_brf.pdf). So if the presence of cyclists in a vehicle-restricted area places blind and partially sighted people at an illegal disadvantage, then the same must surely apply to the presence of motor vehicles on the road network.

Think Bike – Think Pedal Power

www.cardiffpedalpower.org tel:02920390713

It's 10 years since Pedal Power charity had its first meeting and, over the past decade, the whole concept has changed. Initially set up to support a cycling project for adults with learning disabilities, it was realised that cycling could benefit so many more people, and the overall aim of the charity is now to 'Make Cycling Accessible to All'. At Pontcanna, the days of tin sheds are long gone and, thanks to the Big Lottery Fund, Pedal Power has a purpose built cycling facility for all the community. Pedal Power has bikes for all ages and abilities. BBC Children in Need Appeal has funded a part-time physiotherapist who assesses children and selects the most appropriate bike and necessary accessories. This means that disabled children can cycle with their peers and their families and are not



Regular cyclist Jeff & Organiser Nigel at Pedal Power

excluded from the fun of cycling.

Pedal Power at Cardiff Bay – Pedal Power's fleet is maintained in Roath Basin, where cycle hire is available at weekends, with plans to open during school holidays. Pedal Power recycles some bikes and is helped by young people who learn cycle maintenance skills.

Cycle Skills Training - Pedal Power has staff trained to national 'Bikeability' standards and offers training from learn to ride (any age or

ability) to developing cycling skills and gaining confidence in on-road cycling.

Group Cycling - a weekly ride that lasts an hour – this is usually along the Taff Trail, and is for people with mixed abilities – and a monthly ride for disabled cyclists, an opportunity to increase the distances they are able to cycle.

Spokes Café - where you can fuel up before you ride, and refuel and recover afterwards.

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Volunteering - there are many opportunities to volunteer: assisting in the bike shed, preparing bikes for cyclists, leading or accompanying group rides, assisting with basic cycling skills training, or administration and helping with fund-raising.

How you can support Pedal Power

- Encourage your friends to hire a bike at Pedal Power
- Have a bike party
- Use Spokes Café for an evening event
- Recommend the firm you work for to support Pedal Power
- Arrange for a Pedal Power charity box to be placed in your local pub or food store.

Please contact us for details of our sponsored bike rides on 19th June: Brecon to Cardiff or Tongwynlais and return.



**Team Green Britain
& Bike week**
19-27 June

**TEAM GREEN BRITAIN
BIKE WEEK WORKSHOP**

Team Green Britain Bike Week would like to invite you to join us at our Wales workshops. A great way for you to come and meet other local cycling enthusiasts and event organisers, the workshops are also a chance to benefit from guidance from experts in the world of event management and PR.

Date: Monday 19th March
Time: 10:30 - 13:30
**Location: Welsh Assembly Government Offices,
Rhodfa Pedarn, Aberystwyth, SY23 3UR**

Date: Tuesday 16th March
Time: 10:30 - 13:30
Location: Llanochnoch Fawr Manor, Traberris, CF48 6ER

The workshops aim to provide organisers with:

- Ideas and inspiration on different types of events
- Practical tips for organising events
- PR and marketing guidelines
- Presentations from previous event organisers
- Information about Team Green Britain and their values

The workshops are new for 2010 and we will be delighted if you are able to join us and make this year's Bike Week the biggest ever by providing 'everyday cycling for everyone'.

Please RSVP to hq@bikeweek.org.uk.
We look forward to meeting you.

Kind regards,
Team Green Britain Bike Week

Get in touch with us if you would like to run a Bike Week event

Cardiff Cycling Campaign website

Keep an eye on the web, CCC website will soon be updated and eventually redeveloped. If you would like to get involved or share some good e-ideas, please get in touch with Yvan via vivarf@hotmail.com

From: mark austin
markaustin1@msn.com

Please would you advertise our website to Cardiff cyclists -

<http://www.cardiffajax-cycling.co.uk/>

Thanks

Mark Austin

Pont y Werin - Campaign seeks improved cycle links



Pont y Werin bridge pillars

The Campaign has urged fresh examination of cycle routes to Pont y Werin, the new cycle and footbridge over the River Ely between Cardiff Bay and Cogan, funded by the Welsh Assembly Government and the Big Lottery's Connect scheme, saying that the proposals for links on the Vale of Glamorgan side are unsatisfactory.

Cycling links to Pont y Werin are an integral part of the project, and parties to the scheme are required to sign a Memorandum of Understanding in which Sustrans, the sustainable transport charity acts as the agent

and developer for route development.

The Campaign is unhappy with the proposed route to Penarth (up the steep hill from the Marina rather than a possible more gradual route alternative through

Tesco's car park), and the proposed links to Dinas Powis and Llandough. Campaign members have urged Sustrans gets further advice from its' engineers and works with landowners and Vale of Glamorgan Borough Council to negotiate better routes.

The Campaign recognises the possibility that suggested routes may not be feasible but, backed by local cyclists and residents, it has argued that Pont y Werin links are a vital element of Vale cycle route development and successful

Cycle Cardiff Rides

Cycle Cardiff, a cycling group that encourages riders of mixed abilities, runs rides every Sunday morning and some Saturdays from the Pedal Power centre, Pontcanna Caravan Park, Cardiff, and social events.

New members are welcome to join us.

For more information, see the website: www.cyclecardiff.org.uk

connection to Cardiff, by using the funds that are available.

Ken Barker



Cogan exit from Pont y Werin

CTC Wednesday Wanderers, Wales - Wednesday Evening Rides, March – May 2010

As the dark evenings will still be with us for a while longer, we'll be staying fairly close to Cardiff until Spring arrives. We always ride as a group and at a steady pace. These rides are definitely not races, but an opportunity to get a good ride in with fellow cyclists

Rides start at 6.30 – 6.45 pm from the one of the three starting points noted below (or 6.45 – 7.00 pm from the secondary point). We shall be aiming to leave promptly, so you may wish to arrive a few minutes before the start time – if you are running late, or wish to meet somewhere en route or at the destination, please phone to let me know. We shall also aim to arrive at the destination by 8.00-8.30 so that you can get a meal if you wish and if food is available, and to leave by about 10.00pm so that we do not arrive back in Cardiff too late. It is your responsibility to ensure that your cycle is in good working order, and that you have a means of getting home in the event of breakdown. Good front and rear lights are essential, and it is advisable to wear bright, weatherproof clothing. We would also recommend that you have membership of the CTC or other organisation that provides you with third party liability insurance. **Please note: You ride at your own risk.** The distance indicated is approximately **the shortest route from the start point to the destination**, but if the weather is fine and the group wishes, we usually make the outward journey a few miles longer. Equally, if the weather is bad we may shorten the ride, or change the destination to suit.

Date	Destination	(Direction)	Approx Distance	OS Grid Ref
to destination				
10/03	Bunch of Grapes, Pontypridd	(N)	12	ST 078 902
17/03	Miskin Arms, Miskin	(W)	11	ST 046 808
24/03	Black Cock, Caerphilly	(E)	5	ST 144 848
31/03	Llanfabon Inn, Llanfabon	(N)	15	ST 108 938
07/04	Cross Inn (nr Cowbridge)	(W)	15	SS 979 743
14/04	Lighthouse, St Bride's Wentloog & Port O'Call, Marshfield ?	(E)	10	ST 301 816
21/04	White Hart, Machen	(N)	12	ST 203 892
<i>CTC Member Group AGM (probably only a short meeting, then usual social evening)</i>				
28/04	Mountain Hare, Brynnau Gwynion & Barn, Mwyndy ?	(W)	16	SS 978 827 ST 056 815
05/05	Hanbury Arms, Caerleon	(E)	16	ST 343 904
12/05	Brynffynon Hotel, Llanwonno	(N)	16	ST 031 956
19/05	Red Fox, Penllyn	(W)	15	SS 973 762
26/05	Wheatsheaf, Llanhennock	(E)	18	ST 353 928
02/06	Capel Hotel, Giffach Fargoed	(N)	17	ST 151 990

Rides leave from:

(W) (Waungron Park station, Fairwater), & later (6.45 pm) at St Fagan's crossroads.

(N) Llandaf station approach & later by Tongwynlais School.

(E) outside Roath Park Community Centre / Library (corner of Ninian Rd & Penylan Rd.

Owen Rook 029 2062 0747 (Home); 07745 227440 (mobile – not always on!)

owen.rook@btinternet.com (please send e-mail to receive updates).

Membership Application

I / We wish to join Cardiff Cycling Campaign.

Name(s)

Address

Postcode **Phone**

E-mail

**Membership Secretary, Cardiff Cycling Campaign,
33, The Balcony, Castle Arcade, Cardiff, CF10 1BY.**

For one year:	Waged	Unwaged
Individual	£8.00	£3.00
Joint	£10.00	N/A
Affiliation	£30.00	

For two years:	Waged	Unwaged
Individual	£13.00	£4.00
Joint	£16.00	N/A

Please apply for Standing Order rates. Joint membership is for several people living at the same address (e.g families).

Monthly Campaign Meetings

Meetings are held at O'Neill's,
Trinity Street, Cardiff city centre,
on the 2nd Monday of each month
7.30pm. - 9.30pm

Monday, 12th April 2010
Monday, 10th May 2010
Monday, 14th June 2010

Cycle Shop Discounts available to members

City Cycles
440, Cowbridge Road East
10% parts / 5% cycles

Cyclopaedia
116, Crwys Road, Cathays
10% non-discounted items

Damian Harris Cycles
55b, Merthyr Road,
Whitchurch
10% parts / 8% cycles

Don Skene Cycles
769, Newport Rd, Rumney
10% parts / 5% cycles

Muddybum Bikes
5a, Beulah Road, Rhiwbina
10 % parts / 5% cycles

Sunset Mountain Bikes
119-121, Woodville Road,
Cathays
10% parts / 5% cycles

The Bike Shed
245, Cathedral Road,
Pontcanna
10% parts / 5% cycles

Tom Davies Cycles
312a, Cowbridge Road
East, Canton
10% parts / neg. on cycles